

Preoperative Instructions for Surgery-Local Anesthesia Before Surgery:

- 1. Do not take aspirin, medications containing aspirin, any anti-inflammatory and herbal alternatives two weeks prior to surgery. Please refer to medications to avoid list. If you are unsure if a medication that you are taking is to be avoided, please ask the doctor. If needed, Tylenol may be taken after consulting with the doctor.**
- 2. Smoking must be stopped two weeks prior to, and two weeks after surgery. Nicotine patches and gum MAY NOT BE USED.**
- 3. PLEASE BE AWARE, THAT SMOKING OR THE USE OF UNAUTHORIZED MEDICATIONS CAN LEAD TO COMPLICATIONS AND JEOPARDIZE THE RESULT OF YOUR SURGERY!**
- 4. Report any signs of a cold or infection occurring within the week prior to your surgery.**

DAY OF SURGERY:

- 1. Your surgery is scheduled in the office and is under local anesthesia. If your surgery is in the morning you may have a light breakfast but please limit your coffee or tea to one cup. If your surgery is in the afternoon, you may also have a light lunch.**

- 2. Wear comfortable, loose fitting clothes, which do not have to be pulled on over your head, i.e., a button-down blouse or shirt and loose fitting skirt or pants. ABSOLUTELY NO MAKE-UP OR JEWELRY.**

- 3. Do not save questions for the morning of your surgery. This is a busy time for us and it should be relaxing time for you. Please contact the office PRIOR to your surgery if you should have any questions.**

- 4. If you will be receiving Valium prior to your surgery please arrive one hour prior to your scheduled surgery time. You must have someone drive you after surgery.**

- 5. All of the above items are important. Please take the time to read through this one more time the day before your surgery.**

- 6. YOU MUST ARRIVE AT YOUR SCHEDULED SURGERY TIME. IF YOU ARE LATE, YOUR SURGERY MAY BE CANCELLED.**