Preoperative Instructions for Surgery-Local Anesthesia

Before Surgery:

1. Do not take aspirin, medications containing aspirin, any anti-inflammatory and herbal alternatives two weeks prior to surgery. Please refer to medications to avoid list. If you are unsure if a medication that you are taking is to be avoided, please ask the doctor. If needed, Tylenol may be taken after consulting with the doctor.

2. Smoking must be stopped two weeks prior to, and two weeks after surgery. Nicotine patches and gum MAY NOT BE USED.

3. PLEASE BE AWARE, THAT SMOKING OR THE USE OF UNAUTHORIZED MEDICATIONS CAN LEAD TO COMPLICATIONS AND JEOPARDIZE THE RESULT OF YOUR SURGERY!

4. Report any signs of a cold or infection occurring within the week prior to your surgery.

DAY OF SURGERY:

1. Your surgery is scheduled in the office and is under local anesthesia. If your surgery is in the morning you may have a light breakfast but please limit your coffee or tea to one cup. If your surgery is in the afternoon, you may also have a light lunch.
2. Wear comfortable, loose fitting clothes, which do not have to be pulled on over your head, i.e., a button-down blouse or shirt and loose fitting skirt or pants. ABSOLUTELY NO MAKE-UP OR JEWELRY.

3. Do not save questions for the morning of your surgery. This is a busy time for us and it should be relaxing time for you. Please contact the office PRIOR to your surgery if you should have any questions.

4. If you will be receiving Valium prior to your surgery please arrive one hour prior to your scheduled surgery time. You must have someone drive you after surgery.

5. All of the above items are important. Please take the time to read through this one more time the day before your surgery.

6. YOU MUST ARRIVE AT YOUR SCHEDULED SURGERY TIME. IF YOU ARE LATE, YOUR SURGERY MAY BE CANCELLED.